

## PATIENT ASSESSMENT

<b>Patient's Name</b>		<b>Date of Birth</b>	
<b>Address</b>		<b>Phone</b>	
<b>Carer details and/or emergency contact(s)</b>		<b>Other care plan</b> Eg GPMP / TCA	YES <input type="checkbox"/> NO <input type="checkbox"/>
<b>GP Name / Practice Address/ Provider Number</b>			
<b>AHP or nurse currently involved in patient care</b>		<b>Medical Records No.</b>	

<b>PRESENTING ISSUE(S)</b> What are the patient's current mental health issues	<u>Generalized anxiety disorder</u> <u>ICD10 code F41.1</u>
<b>PATIENT HISTORY</b> Record relevant biological psychological and social history including any family history of mental disorders and any relevant substance abuse or physical health problems	
<b>MEDICATIONS</b> (attach information if required)	
<b>ALLERGIES</b>	
<b>ANY OTHER RELEVANT INFORMATION</b>	
<b>RESULTS OF MENTAL STATE EXAMINATION</b> Record after patient has been examined	
<b>RISKS AND CO-MORBIDITIES</b> Note any associated risks and co-morbidities including risks of self harm &/or harm to others	
<b>OUTCOME TOOL USED</b>	<b>RESULTS</b>
<b>DIAGNOSIS</b>	

GP MENTAL HEALTH CARE PLAN (MBS ITEM NUMBER 2710)  
**PATIENT PLAN**

<b>PATIENT NEEDS / MAIN ISSUES</b>	<b>GOALS</b> Record the mental health goals agreed to by the patient and GP and any actions the patient will need to take	<b>TREATMENTS</b> Treatments, actions and support services to achieve patient goals	<b>REFERRALS</b> Note: Referrals to be provided by GP, as required, in up to two groups of six sessions. The need for the second group of sessions to be reviewed after the initial six sessions.
<b>CRISIS / RELAPSE</b> If required, note the arrangements for crisis intervention and/or relapse prevention			
<b>APPROPRIATE PSYCHO-EDUCATION PROVIDED</b>	YES <input type="checkbox"/> NO <input type="checkbox"/>	PLAN ADDED TO THE PATIENT'S RECORDS	YES <input type="checkbox"/> NO <input type="checkbox"/> NOT REQ'D <input type="checkbox"/>
<b>COMPLETING THE PLAN</b> On completion of the plan, the GP is to record that s/he has discussed with the patient: <ul style="list-style-type: none"> <li>- the assessment;</li> <li>- all aspects of the plan and the agreed date for review; and</li> <li>- offered a copy of the plan to the patient and/or their carer (if agreed by patient)</li> </ul>	YES <input type="checkbox"/> NO <input type="checkbox"/>	COPY (OR PARTS) OF THE PLAN OFFERED TO OTHER PROVIDERS	YES <input type="checkbox"/> NO <input type="checkbox"/> NOT REQ'D <input type="checkbox"/>
<b>DATE PLAN COMPLETED</b>	<b>REVIEW DATE</b> (initial review 4 weeks to 6 months after completion of plan)		
<b>REVIEW COMMENTS</b> (Progress on actions and tasks) Note: If required, a separate form may be used for the Review.		<b>OUTCOME TOOL RESULTS ON REVIEW</b>	